

Take the learning deeper!



Just Breathe: Diagnosing and Treating Airway Disorders for Life

Are your patients presenting with scalloped tongue, obstructed throat, narrow arches, or tongue thrusts that are reflective of airway and sleep disorders?

Not sure what to do next?

Dental professionals see patients every day with forward head posture, nasal congestion, morning headaches, clenching/grinding and other symptoms that suggest airway and sleep disorders. But too often, dentists don't feel confident diagnosing or treating problems of the airway proactively. It's time for that to change.

Gain a step-by-step checklist for evaluating every dental patient for sleep disordered breathing. Explore the relationships between airway/breathing problems, the significance of nasal vs. mouth breathing, the relationship to dental malocclusions, facial growth and development, childhood symptoms of "ADHD" caused by poor breathing and sleep deprivation, sleep disordered breathing related TMD, and early onset dementia due to reduced brain oxygen at night. Examine treatment protocols for oral appliance management and orthodontic resolution.

Dr. Wilkerson's in-depth clinical expertise on disordered airway function covers a full interdisciplinary breadth of the field. Don't miss this important opportunity to learn the state of the science for dentistry leading the way into the future of recognition and intervention of sleep disorders.



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Learning Objectives:

- Discuss how risk factors and treatment considerations differ for airway and breathing disorders in children, young adults, and patients in middle age
- Define the symptoms of UARS, TMD, and OSA
- Describe techniques involved in treating patients with obstructive and airway disorders in each age group
- Discuss signs and symptoms of maladaptive breathing (mouth breathing) and its physiological systemic effects on sleep and cognition
- Review and learn to use a step-by-step clinical checklist to evaluate every dental patient for sleep disordered breathing
- Understand oral appliance management and orthodontic resolution of disordered breathing

SUGGESTED FORMAT:

Full or Partial Day; Lecture, Workshop, Keynote

SUGGESTED ATTENDEES:

Dentist and Team Members

"Dr. Wilkerson's passionate approach is amazing to witness. He has put many doctors on the path to identifying patients at risk for sleep disordered breathing and has raised awareness of sleep being a global issue and not just the focus of the mouth and the appliance."

Chris M. Lajoie, Airway Project Manager



"You will walk away enlightened and energized ready to implement the take home material!"

-COURSE ATTENDEE