

## Integrative Dental Medicine: *Dentistry's Next Frontier*

The majority of dentists have similar clinical concerns when diagnosing and treating masticatory problems: What is causing the problem? Is it going to break? Should I even get involved? How can I make it better?

Dr. Wilkerson's presentations help dental professionals gain the skills and understanding to become a problem solver and not a problem causer.

Dr. Wilkerson has worked over 35 years seeing thousands of patients suffering with joint problems, bite problems, bruxism, headaches and sleep apnea. He brings clear, straightforward principles and systems that practitioners can understand and implement immediately in the care of patients.



Explore the major areas of focus in dentistry's future, which include: 1) the connection between oral/systemic inflammation, 2) airway/breathing disorders, and 3) TMD/dental occlusion. Evidence demonstrates that these three are strongly linked to one another and directly relate to total body health.

Learn the common links between bruxism, dental wear and malocclusion, headaches, dysfunctional breathing, sleep apnea, gastric reflux, ADHD and TMD that are rarely recognized in the medical community. Furthermore, oral pathogens and their relationship to cardiovascular risks are a critical part of the future of dentistry as physicians of oral health.

Integrative Dental Medicine (above) is a comprehensive course that incorporates the three topics below. Choose one of Dr. Wilkerson's courses or mix 'n match to create a presentation customized for your meeting!



### **Just Breathe:** *Diagnosing and Treating Airway Disorders for Life*

Dr. Wilkerson's clinical expertise on disordered airway function covers a full interdisciplinary breadth of the field. Gain a checklist for evaluating every dental patient for sleep disordered breathing.



### **Oral Inflammation and Infection:** *Breaking the Vicious Cycle*

Illuminate the signs and symptoms of the never-ending circle of inflammation, sensitivity and infection. Gain the knowledge and the ability to make meaningful differences in our patients' lives.



### **Extraordinary Balance:** *Dental Occlusion and TMD in Restorative Dentistry*

This results-oriented course addresses the critical principles of dental occlusion every dentist must understand: joint condition and position, anterior guidance, vertical dimension of occlusion, and parafunction.



**DeWitt C. Wilkerson, DMD**

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## Integrative Dental Medicine: *Dentistry's Next Frontier*

Seeing erosive wear on patients' teeth? Are patients presenting with bruxism, sore muscles and headaches? Are they sleeping poorly, fatigued, snoring? Is it **your** responsibility to help them... and **how**?

Integrative Dental Medicine emphasizes the golden opportunity for dental professionals to gain the knowledge and skills to begin addressing the dental patient's complete health. To care for the whole person preventatively, not just treating disease as it occurs.

Drawing from scientific research, expand your influence as true specialists in oral medicine. Learn the common links between bruxism, dental wear and malocclusion, headaches, dysfunctional breathing, sleep apnea, gastric reflux, ADHD and TMD that are rarely recognized in the medical community. Discover how you can help patients, neighbors and family. Gain a detailed checklist that can be easily incorporated into your practice immediately. Receive a decision tree for guiding the best utilization of splint therapy in dentistry.

What is dentistry's role in modern medicine? We have a key role in identifying and addressing several factors of accelerated aging and chronic health conditions that affect total health. Join Dr. Wilkerson and make *The Shift*. Join the scientific revolution intentionally saving teeth, smiles and lives through Integrative Dental Medicine.



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## Learning Objectives:

- 🌐 Define Integrative Dental Medicine – what it is and isn't
- 🌐 Illuminate the benefits of treating neuromuscular and mechanical oral issues
- 🌐 Identify the risk factors and screening process for airway and breathing disorders
- 🌐 Describe the impacts of the 4Bs (Bacteria, Bite, Breathing, Body) on oral-systemic health
- 🌐 Review the role of dental teams in managing integrative systemic conditions
- 🌐 Explain the issues in diagnosing and treating masticatory and breathing problems (separately and comorbidly)
- 🌐 Access and employ clinical checklists of integrative dental medicine in the practice
- 🌐 Recognize the masticatory/airway red flags may signal a larger problem
- 🌐 Gain fundamental expertise and current research to guide you toward successful implementation of integrative dental medicine in your practice

### SUGGESTED FORMAT:

Full or Partial Day; Lecture, Workshop, Keynote

### SUGGESTED ATTENDEES:

Dentist and Team Members



*"Thank you, Dr. Wilkerson, for changing my life by teaching me to treat patients as I would want to be treated!"*

-COURSE ATTENDEE