

Take the learning deeper!



Oral Inflammation and Infection: *Breaking the Vicious Cycle*

We now know that when we see gingival inflammation we may well be seeing whole-body inflammation on a local level. *But what do we do about it?*

Inflammation is the main cause of chronic breakdown in our health and has a strong dental component. Body-wide inflammation has a strong effect on the health of the mouth. In opening the door to integrative dental medicine, we recognize a fundamental truth: What happens in the oral cavity and the airway are a first window into the body system as a whole. Oral infection and inflammation, then, can indicate whole-body inflammation on a local level. Dental professionals are often the first to see and note systemic inflammation.

In this course, you'll learn how to recognize the signs, symptoms and cycle of oral inflammation and infection. Understand the role of the human stress reaction in triggering a cascade of physiological reactions including biochemical imbalances, blood sugar dysregulation and insulin resistance, and gastric reflux. Illuminate the signs and symptoms of the never-ending circle of inflammation, sensitivity and infection. Gain the knowledge and the ability to make meaningful differences in our patients' lives through professional awareness, interdisciplinary practice with other medical professionals, patient education, screening, diagnosis, and treatment of systemic inflammation and infection.

Learning Objectives:

- Discuss new paradigms in periodontal therapy
- Explain the routes of travel and transmission of oral bacteria into the vascular system
- Explore the evidence for relationships between inflammation/infection/periodontal disease, high-risk pathogens, and whole-person health concerns such as atherosclerosis, diabetes, and pregnancy complications
- Describe oral and systemic “deflammatory” lifestyle modification treatment protocols to include nutrition, toxins, physical activity and stress

SUGGESTED FORMAT:

Full or Partial Day; Lecture, Workshop, Keynote

SUGGESTED ATTENDEES:

Dentist and Team Members

Dr. Wilkerson is known to say, “On a good day, we save a smile; on a great day, we save a life.” Breaking the infection cycle is how dental professionals do it every day.



“Dr. Wilkerson is an inspiration. As a colleague, teacher, and speaker he reflects the highest ethical values one can find today!”

-COURSE ATTENDEE